



## CO-CORRICULAR HANDBOOK





Welcome to the St Teresa's Catholic College Sports Program. This handbook provides information, details and arrangements to help students and parents understand what is being offered to support your student's participation in sport.

The Sports Program at St Teresa's Catholic College offers excellent opportunities for both training and competition for keen and committed students in any year level. We hope that your involvement in the program will be fulfilling and enjoyable. Please read the following information carefully and keep it for reference.

Click here to access the STCC Sport Website

# AIM OF THE SPORTS PROGRAM

The Sport Department at St Teresa's Catholic College aims to provide all students with opportunities to train and compete in a variety of co-curricular and College sports. St Teresa's has a proud history of sporting participation at a College-based level through to District, Regional, State and National representation.

### **SCHOOL SPORT**

St Teresa's runs whole College inter-house carnivals in swimming, cross-country and track and field. These carnivals foster house spirit and encourage student participation, with both competitive and non-competitive events. Age Group Championship awards are presented as well as an overall House Champion Trophy. These carnivals also act as a selection pathway for District and Regional trials. (See District/Regional Sport).

### **EXPECTATIONS**

In exchange for the privilege of being on the team, students who participate in both school and co-curricular sport for St Teresa's Catholic College are expected to uphold the College Code of Conduct. See Page 2 for the terms of our code of conduct for both players and parents/caregivers. When online permission is given by the caregiver, the student is agreeing to the code of conduct.

#### PLAYERS COMMITMENT



- Attend games on time, every week, or notify my coach and/or the sports coordinator at least two school days prior, stating why I am unable to attend.
- Focus on what the team is doing and try to improve my skills and my physical abilities.
- Treat everyone involved with the team with respect and kindness. This includes: coaches, teammates, opponents, officials and fans of both teams.
- Go to coaches first if I have a problem related to the teams. I will not complain to others until I have given the person I have a problem with an opportunity to correct it.
- When attending training, work hard to develop good habits by practicing with proper technique and maximum effort. The habits we develop in training are the habits that will determine how we play in games. Train how you want to play!
- Turn up to all trainings and games in the correct uniform and ensure any loaned uniforms are returned at the conclusion of the season.
- Uniforms not returned or damaged will incur a replacement fee.

### **PARENT/CAREGIVERS COMMITMENT**

- Influence and support my child to abide by the College code of conduct they have committed to follow.
- Be an example of good sportsmanship at games by making only positive comments about the players, the officiating and also treating fans of our opponents with respect.
- I understand that playing time is at the sole discretion of the coach.
- I will contact the coaches first if I have a complaint.
- I will not gossip or talk about other players or parents with anyone and if I have a complaint, I will contact the coach or the person involved directly.
- I will entrust the St Teresa's coaching staff to do their jobs to the best of their abilities. I will not attempt to coach my son/daughter during practices or games (unless invited to do so).
- There will be only one voice the players will be inclined to listen to, and it will be that of the coaches

#### **PERMISSION**

Permissions for each sport will be sent via an EdSmart link in an email. This will provide all the information relevant to the sport. Please note, depending upon your email provider this email sometimes goes into junk mail.

IT IS EXPECTED THAT ALL STUDENTS ATTEND TRAINING. IF THEY ARE UNABLE TO ATTEND, THEY MUST NOTIFY THE COACH/ SPORT COORDINATOR VIA TEAMS WITH A REASON FOR NON-ATTENDANCE PROVIDED. ANY EXEMPTION FROM REGULAR PARTICIPATION IN TRAINING MUST BE APPROVED BY THE SPORTS COORDINATOR. WEEKLY SELECTION IN GAMES IS DEPENDENT ON TRAINING ATTENDANCE, ATTITUDE AND SPORTING PERFORMANCE.

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# CO-CURRICULAR SPORT FEES

Teams are entered in various competitions based on the confirmation of participation and payment of the applicable fee by the due date. Permission is required by the due date for a student to be eligible to participate. Please note, payments will be added to your fee account. Students who are selected in touring teams will need to pay via a bPoint link prior to the carnival.

The Sports Coordinator will advertise the sporting opportunities coming up on the STCC sports website, which is accessible via the student portal. It is up to students to regularly check the sports website and they can sign up for sporting teams via a FORMS link on the Sports website. Trials and training days will be advertised on the sports website and provided to the students via teams after they have signed up.

No refunds will be given once students enrol and pay for participation. Costs such as team entries and player registrations will have been incurred and are non-refundable for the College. Uniform requirements will be distributed with competition information. Some sports require the STCC multi-sport shorts and socks as part of the uniform. These can be collected from the Sports Shack and these items will be charged to the students' fee account.

A greater variety of sporting opportunities may be offered at various times throughout the year when tournament/competition information is received at the College.

# SCHEDULE OF CO-CURRICULAR SPORT



SPORT	TERM	COMP DAYS	COST (subject to change)
AFL	BOYS: 1 & 2 GIRLS: 2 & 4	TBC	\$40
BASKETBALL	3 & 4	FRIDAY NIGHTS	\$90
CRICKET	1 & 2	TBC	\$40
EQUESTRIAN	TBC	TBC	TBC
NETBALL	1 & 2	MONDAY NIGHTS	\$120-200
OZTAG	3	TBC	\$40
RUGBY UNION	BOYS: 1 & 2 GIRLS 2 & 3	WEDNESDAY NIGHTS	\$120
RUGBY LEAGUE 9'S	1 & 2	TBC	\$40
SOCCER	1 & 2	TBC	\$70
SURFING	1 & 4	TBC	\$80
TOUCH FOOTBALL	3	SUNDAY	\$40
WATERPOLO	3 & 4	MONDAY NIGHTS	\$60

#### **SPORT TOURS**

SPORT	TERM	COMP DATES	COST
MARIST CARNIVAL (BASKETBALL)	WATERPOLO	TBC	TBC
QISSN CARNIVAL (NETBALL)	TBC	TBC	TBC

# DISTRICT/REGIONAL SPORT

The representative school sport program begins at the district level, progresses through the regional level and onto the Queensland state level. St Teresa's Catholic College is a member of Sunshine Coast School Sport - North District.

The Sports Coordinator will advertise the upcoming District Sport selection trials on the STCC sports website accessible from the student portal. Students can download information regarding selection days and times, and nomination forms.

#### STCC DISTRICT SPORT

This paperwork must be completed and returned for the Sports Coordinator to sign. Signed paperwork must then be brought to the trials or students will not be able to participate. The cost to nominate for Regional Trials is approximately \$25 (costs may vary). Payment is to be made via the <u>Sunshine Coast School Sports website</u>.

A schedule can be found on the Sunshine Coast School Sport - North District website

Students are selected for Regional Sport teams from selection trials listed above. The College will pay participation costs for students who are selected to represent the North District Region in Swimming, Cross Country and Athletics.

## **CONTACT US**

For all sport enquires please contact the sports department via email at <a href="mailto:snoosport@bne.catholic.edu.au">snoosport@bne.catholic.edu.au</a>



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<a href="https://www.stteresa.qld.edu.au/Learning/">https://www.stteresa.qld.edu.au/Learning/<a>//o-Curricular/Sport/Pages/default.aspx</a>



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