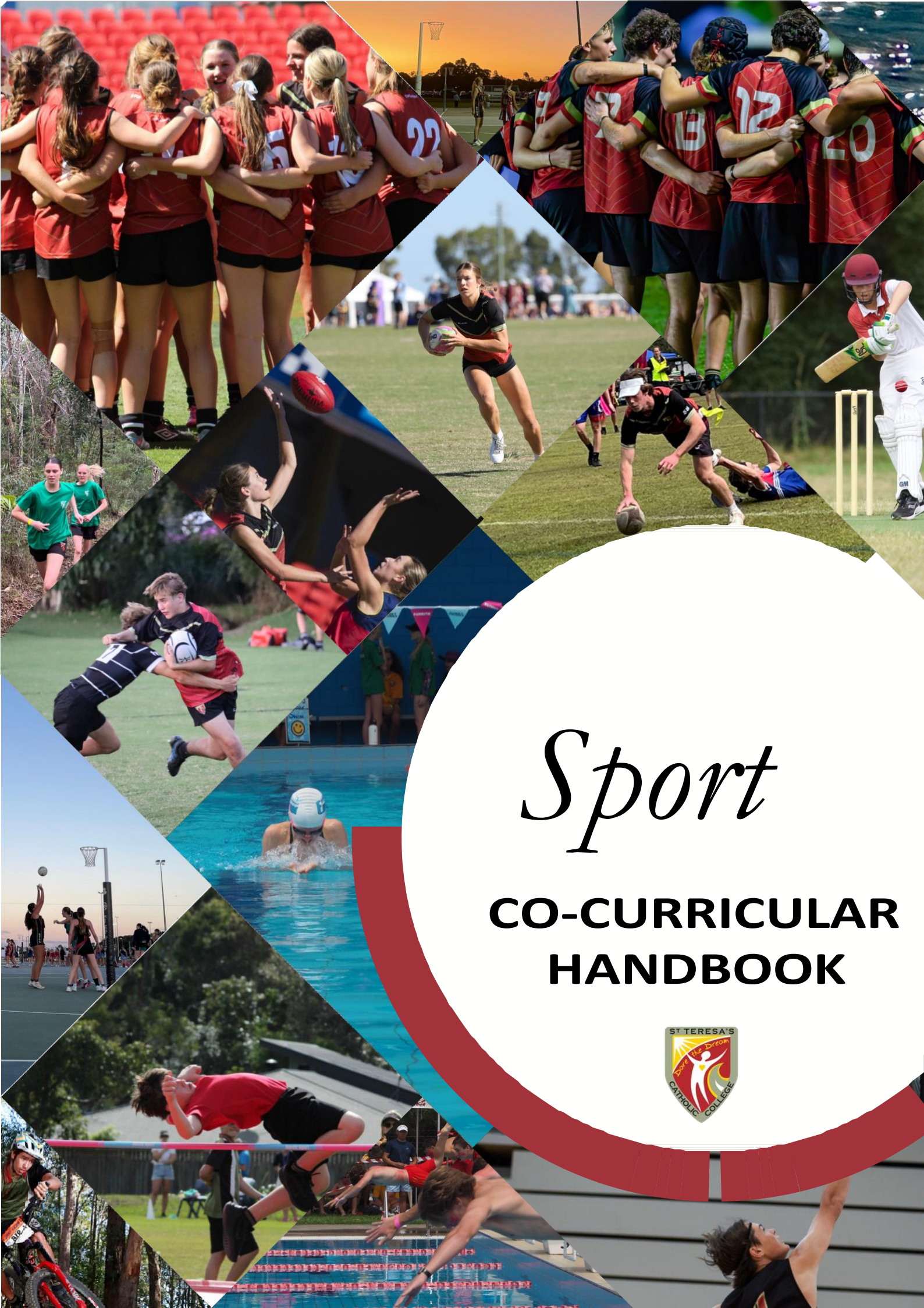


Sport

CO-CURRICULAR HANDBOOK

ST TERESA'S
Dare the Dream
CATHOLIC COLLEGE

ST TERESA'S
CATHOLIC COLLEGE

Welcome to the St Teresa's Catholic College Sports handbook. This booklet provides key information, details, and arrangements to help students and parents understand what is being offered to support your student's participation in sport.

The Sports at St Teresa's Catholic College offers excellent opportunities for keen and committed students in any year level. We hope that your involvement in sport will be fulfilling and enjoyable. Please read the following information carefully and keep it for reference.

AIM OF THE SPORTS PROGRAM

The Sport Department at St Teresa's Catholic College aims to provide all students with opportunities to train and compete in a variety of co-curricular and College sports. St Teresa's has a proud history of sporting participation at a college-based level, right through to District, Regional, State and National representation.

SCHOOL CARNIVALS

St Teresa's runs whole College inter-house carnivals across swimming, cross-country and track and field. These carnivals foster house spirit and encourage student participation, with both competitive and non-competitive events. Age Group Championship awards are presented as well as an overall House Champion Trophy.

EXPECTATIONS

In exchange for the privilege of being on the team, students who participate co-curricular sport for St Teresa's Catholic College are expected to uphold the College Code of Conduct. See Page 2 for the terms of our code of conduct for both players and parents/caregivers. When online permission is given by the caregiver, the student is agreeing to the code of conduct.

PLAYERS COMMITMENT

- Attend games on time, every week, or notify my coach and/or the sports coordinator prior, stating why I am unable to attend.
- Focus on what the team is doing and try to improve my skills and my physical abilities.
- Treat everyone involved with the team with respect and kindness. This includes coaches, teammates, opponents, officials and fans of both teams.
- Go to coaches first if I have a problem related to the teams. I will not complain to others until I have given the person, I have a problem with an opportunity to correct it.
- When attending training, work hard to develop good habits by practicing with proper technique and maximum effort. The habits we develop in training are the habits that will determine how we play in games. Train how you want to play!
- Turn up to all trainings and games in the correct uniform and ensure any loaned uniforms are returned at the conclusion of the season.
- Uniforms not returned or damaged will incur a replacement fee.

PARENT/CAREGIVERS COMMITMENT

- Influence and support my child to abide by the College code of conduct
- Be an example of good sportsmanship at games by making only positive comments about the players, the officiating and treating fans of our opponents with respect.
- I understand that playing time is at the sole discretion of the coach.
- I will contact the sports coordinator first if I have a complaint.
- I will not gossip or talk about other players or parents with anyone. If I have a complaint, I will contact the sports coordinator or the person involved directly.
- I will entrust the St Teresa's coaching staff to do their jobs to the best of their abilities. I will not attempt to coach my son/daughter during practices or games (unless invited and have completed the volunteer induction to do so).
- There will be only one voice the players will be inclined to listen to, and it will be that of the coaches

PERMISSION

Permissions for each sport will be sent via an email and available via the BCE connect app. This will provide all the information relevant to the sport.

IT IS EXPECTED THAT ALL STUDENTS ATTEND TRAINING. IF THEY ARE UNABLE TO ATTEND, THEY MUST NOTIFY THE COACH/ SPORT COORDINATOR VIA TEAMS WITH A REASON FOR NON-ATTENDANCE PROVIDED. ANY EXEMPTION FROM REGULAR PARTICIPATION IN TRAINING MUST BE APPROVED BY THE SPORTS COORDINATOR. WEEKLY SELECTION IN GAMES IS DEPENDENT ON TRAINING ATTENDANCE, ATTITUDE AND SPORTING PERFORMANCE.

CO-CURRICULAR SPORT FEES

Teams will be entered in competitions once participation is confirmed and the required fee is paid by the due date. Students must also have permission submitted by this date to be eligible. Fees will be charged to the student's account. Students selected for touring teams must pay through a bPoint link before the carnival.

At the beginning of each school year, the Sports Coordinator will advertise upcoming sporting opportunities by email and on the College's Sports Notices page in the student's Microsoft Teams app. Students are responsible for checking the Sports Teams page regularly. Trial and training dates will be posted in Microsoft Teams and emailed to parents. Teams will be entered in competitions only when enough players and staff are available.

Participation fees are non-refundable once a student has enrolled and paid, as the College will have committed funds for team entry and player registration. Uniform requirements will be included with the competition information. Some sports require STCC multi-sport shorts ($35) and socks ($15). These items can be collected from the Sports Office and charged to the student's fee account.

Guide For
CO-CURRICULAR SPORT

SPORT	TERM	COMP DAYS
AFLQ Schools Cup	2 & 3	Gala Day Format
AFLX	1 & 4	Monday Nights
BASKETBALL	3 & 4	Friday Nights
BASKETBALL CBSQ	2 & 3	Gala Day Format
CRICKET	1 & 4	Gala Day Format
MOUNTAIN BIKING	3	Gala Day Format
NETBALL	1 & 2	Monday Nights
NETBALL - QC CUP & VICKI WILSON	2	Gala Day Format
OZTAG - QLD All SCHOOLS	3	Gala Day Format
RUGBY	1 & 2	Wednesday Nights
RUGBY LEAGUE	1, 2, & 3	Gala Day Format
SOCCER - Catholic Cup and Bill Turner Cup	1 & 2	Wednesday Nights
Touch Football	3 & 4	Tuesday Nights
Touch Football – Interschool	2 & 3	Gala Day Format
Volleyball - Interschool	2 & 3	Gala Day Format

SPORT TOURS 2027

QISSN Netball Carnival Term 2 Holidays

QUEENSLAND REPRESENTATIVE SCHOOL SPORT PATHWAY

The Queensland representative school sport (QRSS) program begins at the district level, progresses through the regional level and onto the Queensland state level and National for some sports. St Teresa's Catholic College is a member of Sunshine Coast School Sport – North District and Noosa District for Under 12's.

The Sports Coordinator will advertise the upcoming District Sport selection trials at the beginning of the year via email and the College's Sports Notices page on the students Microsoft Teams App. There is a Calander of events on display all year round at the sports office or simply follow the link Sunshine Coast School Sport – North District website

Students who wish to trial need to see the sports coordinator to collect the required paperwork. This paperwork must be completed and returned for the Sports Coordinator to sign. Signed paperwork must then be brought to the trials or students will not be able to participate. The cost to nominate for Trials varies and students must arrange their own transport to and from trials.

CONTACT US

For all sport enquires please contact the sports department.



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