

St Teresa's Religious Education Program



Year 7 Religion Focus Areas *Foundations*

At St Teresa's College Year 7 students embark on the beginning of their faith formation at secondary school. Initially, they are immersed in the beginnings of Christianity and sacred texts, the Teresian/Marist charism and tradition. From this foundation, students then investigate other monotheistic religions, participating in prayer experiences and ritual practices.

FOCUS Area 1: Foundations

Fertile Question: How do important moments of the past influence my life now?

Foundations..What are they? We know they hold up buildings. Do we have foundations in our lives? It's a big question for us all to consider. What are our foundations in life and how can these ideas help us progress into the future? (10 weeks)

Mandated Prayer Formal prayers, including Amen, Lord's Prayer and Hail Mary

Mandated scripture Beginnings of the monotheistic faiths [Genesis 17:1-22](#) (Abraham and Sarah) [Exodus 13:17-14:30](#) (Moses)

New Testament contexts:Festivals and customs [Mark 14:12-26](#) Laws and practices, Sabbath [Mark 2:23-28](#)

(10 Weeks)

Beliefs: BEWR8 **Church:** CHLS10, CHCH6, CHPG8 **Christian Life:** CLMJ8, CLPS19

RELIGIOUS LIFE OF THE SCHOOL:

- Year 7 Reflection Day, Ash Wednesday, Lent, Stations of the Cross
- Mad Day, Raising Money for Caritas,
- Social Justice Activities
- Inaugural Mass
- St Thomas More Mass

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Year 7 Focus 2



FOCUS 2: The Power of words

Fertile Question: How can something written so long ago still matter today?

Our words have the power to build others up or destroy. We must be able to analyse the POWER OF WORDS in order to live a wonderful life. This unit will explore the power of words, analyse famous speeches and look at some powerful written and spoken ideas from the Bible. Your mission, should you choose to accept it, is to investigate the power of words and come to some mighty conclusions about how if what we say, echoes what we believe, our lives have the potential to have great impact. **(10 weeks)**

Mandated Prayer Meditative prayer practices, including silence and stillness and praying with icons and images

Mandated scripture

New Testament contexts: Festivals and customs, [Mark 14:12-26](#)

Laws and practices, Sabbath, [Mark 2:23-28](#)

Sacred Texts: STNT16, **Beliefs** BETR9, **Christian Life:** CLPS19:

RELIGIOUS LIFE OF THE SCHOOL:

- Anzac Day Ceremony
- Champagnat Day, Year 8 reflection day, Year 9 reflection Day

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Year 7 Focus 3



FOCUS 3 : Morals and Ethics

Fertile Question: How can God help me make good decisions and how do good decisions lead to a good life?

In this unit the students will discover heaps of great ideas about how to live a good life and implement ideas and guidelines for success into their world.

Students will look at some of the big stories of the Bible like Moses and the Ten commandments and even make their own set of Rosary beads. Students will definitely enjoy the unit, and begin to develop a positive attitude with eyes and ears open, ready to see and hear the world in a different way. **(10 weeks)**

Mandated Prayer **Traditional Prayers/ Meditative prayers, Lectio**

Mandated scripture, **Doing good and avoiding evil**, Decalogue, [Exodus 20:1-20](#) (5)

Beliefs: BEHE7, **Christian Life** CLPS18 CLMJ8, CLMF11,

RELIGIOUS LIFE OF THE SCHOOL:

- Year 10 Reflection Day, Year 11 Leadership and formation retreat, Year 12 Retreat
- St Thomas Moore Liturgy, Assumption Day Mass

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Year 7 Focus 4



FOCUS 4 : Sacraments

Fertile Question: How can liturgy and the sacraments colour my world?

In this unit students will explore special events in the life of the Catholic Church and its people. Students will discover through the inquiry process, that Sacraments are special rituals that are rites of passage for a Catholic. The inquiry will allow the students to investigate, analyze and evaluate these special events in the life of a Christian. **(10 weeks)**

Mandated Prayer [TRADITIONAL PRAYERS EXAMEN MASS AND RECO PRAYERS including modern examination of conscience](#)= Meditative prayer, including Ignatian Meditation and Lectio Divina

Mandated scripture , Festivals and customs, Passover: [Mark 14:12-26](#) and [Exodus 12:1-4](#), Laws and practices, Sabbath [Exodus 12:1-4](#), [Mark 2:23-28](#) and [Mark 14:12-26](#) :Sabbath: How these scriptures and events precluded Eucharist

Core Content: **Church:** CHLS10, CHLS11, **Christian Living:** CLSP18

RELIGIOUS LIFE OF THE SCHOOL:

- Year 6 Orientation Day, St Teresa's Day, Christmas Liturgy, Graduation Mass