

# SPORTS HANDBOOK



ST TERESA'S  
CATHOLIC COLLEGE



Welcome to St Teresa's Catholic College Sports Program. This handbook provides information, details and arrangements to help students and parents understand what is being offered to support your student's participation in sport.

The Sports Program at St Teresa's Catholic College offers excellent opportunities for both training and competition for keen and committed students in any year level. We hope that your involvement in the program will be fulfilling and enjoyable. Please read the following information carefully and keep it for reference.

## **AIMS OF THE SPORTS PROGRAM**

The Sport Department at St Teresa's Catholic College aims to provide all students an opportunity to participate in whole College and co-curricular sport. Various opportunities to train and compete in a variety of different sports exist. St Teresa's has a proud history of sports participation from a College based level through to District, Regional, State and National representation.

## **SCHOOL SPORT**

St Teresa's runs whole College inter-house carnivals in swimming, cross-country and track and field. These carnivals encourage participation by all students, with both a competitive and non-competitive element, while focusing on House spirit. Age Group Championship awards are presented as well as an overall House Champions Trophy. They also act as selection trials for District Sport competition (see District/Regional Sport).

## **EXPECTATIONS**

In exchange for the privilege of being on the team, students who participate in both school and co-curricular sport for St Teresa's Catholic College are expected to uphold the College Code of Conduct. See below copy of the terms of our generic contract. Sport specific contracts will be handed to students to take home and sign, along with parents.

## **PLAYERS COMMITMENT**

1. Attend games on time, every week, or notify my coach and/or the sports coordinator at least two school days prior, stating why I am unable to attend.
2. Focus on what the team is doing and try to improve my skills and my physical abilities.
3. Treat everyone involved with the team with respect and kindness. This includes: coaches, teammates, opponents, officials and fans of both teams.
4. Go to coaches first if I have a problem related to the teams. I will not complain to others until I have given the person I have a problem with an opportunity to correct it.
5. When attending training, work hard to develop good habits by practicing with proper technique and maximum effort. The habits we develop in training are the habits that will determine how we play in games. Train how you want to play!
6. Turn up to all trainings and games in the correct uniform and ensure any borrowed uniforms are returned at the conclusion of the season.



## **PARENT COMMITMENT**

1. Influence and support my child to abide by the contract they have signed and committed to follow.  
Be an example of good sportsmanship at games by making only positive comments about the
2. players, the officiating and also treating fans of our opponents with respect.  
I understand that playing time is at the sole discretion of the coach.
3. I will contact the coaches first if I have a complaint.
4. I will not gossip or talk about other players or parents with anyone and if I have a complaint, I will
5. contact the coach or the person involved directly.
6. I will entrust the St Teresa's coaching staff to do their jobs to the best of their abilities. I will not attempt to coach my son/daughter during practices or games (unless invited to do so).
7. There will be only one voice the players will be inclined to listen to, and it will be that of the coaches

It is expected that all students attend training. If they are unable to attend, the coach must be notified and a reason for non-attendance provided. Any exemption from regular participation in training must be approved by the Sports Coordinator. Weekly selection in games is dependent on training attendance, attitude and sporting performance.

## **PERMISSION**

Permissions for each sport will be sent via an EdSmart link in an email. This will provide all the information relevant to the sport. Please note, depending upon your email provider this email sometimes goes into junk mail.

## **CO-CURRICULAR SPORT**

### **FEES**

Teams are entered in various competitions based on the confirmation of participation and payment of the applicable fee by the due date. The due date for both confirmation (online permission) and payment will be two school weeks preceding the competition starting. Permission and receipt of payment are required by the due date for a student to be eligible to participate (Please note this payment will not be added to your fee account). Teams are also entered based on these numbers.

The Sports Coordinator will advertise the sporting opportunities coming up on the STCC sports website, which is accessible via the student portal. It is up to students to regularly check the sports website and they can sign up via a link on the site. Trial and training days will be advertised on the sports website and provided to the students via email after they have signed up.

No refunds will be given once students enrol and pay for participation. Costs such as team entries and player registrations will have been incurred and are non-refundable for the College.

Costs do not include uniform - uniform requirements will be distributed with competition information.

Co-curricular sport fees may be paid via the individual sports Bpoint payment link on the Parent Portal (on the Payments page) to pay by debit or credit card.

A greater variety of sporting opportunities may be offered at various times throughout the year when tournament/competition information is received at the College.

## SCHEDULE OF CO-CURRICULAR SPORT

<b>Sport</b>	<b>Term</b>	<b>Competition Days</b>	<b>Cost (subject to change)</b>
AFL boys & girls	2	TBC	\$30
Basketball - boys & girls	3 & 4	Friday nights	\$75
Cricket	1 & 2	Various	\$30
Netball - Maroochydore	1 & 2	Monday nights	\$75-250
Rugby - boys	1 & 2	Wednesday	\$110
- girls	3 & 4	Wednesday	\$110
Rugby League 9's	1	TBC	\$25
Soccer	1 & 2	TBC	\$30-60
Surf Lifesaving	3 & 4	TBC	\$25
Water Polo	3 & 4	Monday Nights	\$30-50

## DISTRICT SPORT/REGIONAL SPORT

The representative school sport program begins at the district level, progresses through the regional level and onto the Queensland state level. St Teresa's Catholic College is a member of Sunshine Coast School Sport - North District.

The Sports Coordinator will advertise the upcoming District Sport selection trials on the STCC sports website accessible from the student portal. Students can download information regarding selection days and times, and nomination forms. This paperwork must be completed and returned for the Sports Coordinator to sign. Signed paperwork must then be brought to the trials or students will not be able to participate. The cost to nominate for Regional Trials is approximately \$23 (costs may vary). Payment is to be made via the Sunshine Coast School Sports website <https://sunshinesport.eq.edu.au>.

A schedule can be found on the Sunshine Coast School Sport - North District website <https://sunshinesport.eq.edu.au/district-sport/our-districts/north-district>

Students are selected for Regional Sport teams from selection trials listed above. The College will pay participation costs for students who are selected to represent the North District Region in swimming, cross country and athletics.

## CONTACT

For all sports program enquires please contact the Sports Coordinator, Mr Steve Bonaventura via email at [sbonaventura@bne.catholic.edu.au](mailto:sbonaventura@bne.catholic.edu.au).